# What Does Data Tell Us About the Theory of Inflation?

Tom Banks (work with W.Fischler, T.J. Torres, C.M. Wainwright)

May 24, 2013

#### Introduction

 ${\sf Holographic\ Space-time-HST}$ 

A General Framework for Slow Roll and HST

Generic Predictions

The Tensor 3 Pt. Function (I Wish)

Dynamics of HST Inflation Model, if there's time

# HST: A Fully Quantum Model of Cosmology

▶ Universe evolves from a maximal entropy  $p = \rho$  state, to one in which different identical maximal entropy systems are coupled together in an SO(1,4) invariant way, giving localized fluctuations.

# HST: A Fully Quantum Model of Cosmology

- Universe evolves from a maximal entropy  $p = \rho$  state, to one in which different identical maximal entropy systems are coupled together in an SO(1,4) invariant way, giving localized fluctuations.
- ▶ Jacobsonian THEFT of this model is FRW with H(t) plus small fluctuations.

# HST: A Fully Quantum Model of Cosmology

- Universe evolves from a maximal entropy  $p=\rho$  state, to one in which different identical maximal entropy systems are coupled together in an SO(1,4) invariant way, giving localized fluctuations.
- ▶ Jacobsonian THEFT of this model is FRW with H(t) plus small fluctuations.
- ▶ Zero vorticity fluid so can be brought to co-moving gauge.

► In co-moving gauge, gauge invariant fluctuations around approximately dS flat FRW are encoded in the metric.

$$h_{ij} = a^2(t)[(1+2\zeta)\delta_{ij} + \gamma_{ij}],$$

where  $\gamma$  is transverse and traceless.

In co-moving gauge, gauge invariant fluctuations around approximately dS flat FRW are encoded in the metric.

$$h_{ij} = a^2(t)[(1+2\zeta)\delta_{ij} + \gamma_{ij}],$$

where  $\gamma$  is transverse and traceless.

In this gauge,  $\zeta = H\delta\tau = \frac{H}{H}\delta H$ , where  $\tau(x)$  is the proper time separation between co-moving hypersurfaces.  $\delta H$  and  $\gamma$  are both spatial fluctuations of curvature and we expect them to be the same order of magnitude. Thus scalar fluctuations larger than tensor by slow roll factor.

In co-moving gauge, gauge invariant fluctuations around approximately dS flat FRW are encoded in the metric.

$$h_{ij} = a^2(t)[(1+2\zeta)\delta_{ij} + \gamma_{ij}],$$

where  $\gamma$  is transverse and traceless.

- In this gauge,  $\zeta = H\delta\tau = \frac{H}{H}\delta H$ , where  $\tau(x)$  is the proper time separation between co-moving hypersurfaces.  $\delta H$  and  $\gamma$  are both spatial fluctuations of curvature and we expect them to be the same order of magnitude. Thus scalar fluctuations larger than tensor by slow roll factor.
- Fluctuations of  $\delta H$  and  $\gamma$ , can be computed as expectation values

$$\langle \zeta_1 \dots \zeta_n \gamma_1 \dots \gamma_k \rangle = \operatorname{Tr} \left[ \rho S_1 \dots S_n T_1 \dots T_k \right].$$

S and T are commuting operator valued functions on the 3-sphere, transforming in representations of SO(1,4).  $\rho$  is approximately invariant density matrix.

In co-moving gauge, gauge invariant fluctuations around approximately dS flat FRW are encoded in the metric.

$$h_{ij} = a^2(t)[(1+2\zeta)\delta_{ij} + \gamma_{ij}],$$

where  $\gamma$  is transverse and traceless.

- ▶ In this gauge,  $\zeta = H\delta\tau = \frac{H}{H}\delta H$ , where  $\tau(x)$  is the proper time separation between co-moving hypersurfaces.  $\delta H$  and  $\gamma$  are both spatial fluctuations of curvature and we expect them to be the same order of magnitude. Thus scalar fluctuations larger than tensor by slow roll factor.
- $\triangleright$  Fluctuations of  $\delta H$  and  $\gamma$ , can be computed as expectation values

$$\langle \zeta_1 \dots \zeta_n \gamma_1 \dots \gamma_k \rangle = \operatorname{Tr} \left[ \rho S_1 \dots S_n T_1 \dots T_k \right].$$

S and T are commuting operator valued functions on the 3-sphere, transforming in representations of SO(1,4).  $\rho$  is approximately invariant density matrix.

► True in slow roll (Maldacena) as well as HST.



### **General Properties**

▶ Maldacena's squeezed limit theorem says 3-point functions involving zero momentum scalar are smaller by a slow roll factor. SO(1,4) invariance determines general form of all 3 point functions (Maldacena, Pimentel, McFadden, Skenderis, Trivedi, Mata, Raju, Shiraishi,Nitta,Yokoyama, Garriga, Vilenkin, Soda, Kodama, Nozawa, ) so any 3 pt function involving scalars too small to be measured.

#### Contrasts Between Slow Roll and HST

In slow roll, S and T are modeled as free fields in adiabatic Bunch Davies vacuum of FRW space-time, H(t). Normalization of two point functions fixed  $\propto (\frac{H(t)}{m_P})^2$ . SO(1,4) reps. picked at extreme limits of rep. theory. Normalization of k-point functions  $\sim (\frac{H(t)}{m_P})^k$ , but coefficients depend on terms in QUEFT. Choice of Bunch-Davies is massive fine tuning of initial conditions.

#### Contrasts Between Slow Roll and HST

- In slow roll, S and T are modeled as free fields in adiabatic Bunch Davies vacuum of FRW space-time, H(t). Normalization of two point functions fixed  $\propto (\frac{H(t)}{m_P})^2$ . SO(1,4) reps. picked at extreme limits of rep. theory. Normalization of k-point functions  $\sim (\frac{H(t)}{m_P})^k$ , but coefficients depend on terms in QUEFT. Choice of Bunch-Davies is massive fine tuning of initial conditions.
- Representation theory of T the same in HST as slow roll, but S can be anything in scalar complementary series of unitary irreps,  $\Delta_S \in [0, 3/2]$ . Density matrix plausibly invariant for generic initial conditions, but not Bunch Davies. Order of magnitude normalizations  $\sim (\frac{H}{m_P})^k$  where  $\pi \frac{M_P^4}{H^2}$  is the entropy of the individual microsystems that are combined to make the SO(1,4) invariant theories. Notice that, unlike the slow roll case, this factor is time independent and won't contribute to the tilt. In particular, the tensor tilt is predicted to be zero in HST models. 4 ロ ト 4 同 ト 4 章 ト 4 章 ト 9 9 9 9

#### Contrast Between Slow Roll and HST

► The scalar tilt gets contributions from the geometric pre-factor  $\frac{H^2}{H}$ , as well as from  $\Delta_S$  if  $\Delta_S \neq 0$ .

#### Contrast Between Slow Roll and HST

- ▶ The scalar tilt gets contributions from the geometric pre-factor  $\frac{H^2}{H}$ , as well as from  $\Delta_S$  if  $\Delta_S \neq 0$ .
- ▶ Unfortunately, we can choose different geometries H<sub>slow roll</sub>(t), H<sub>HST</sub>(t) which can partially mask these differences. Only the absence of tensor tilt differentiates between the two models decisively. But this is, as yet, unmeasured.

▶ Three functional forms allowed by SO(1,4), one violates parity. Lowest order derivative expansion gives only one of these. Nominally, the second should be down by  $(H/m_P)$  because it comes from higher order terms in the derivative expansion of the bulk QUEFT.

- ▶ Three functional forms allowed by SO(1,4), one violates parity. Lowest order derivative expansion gives only one of these. Nominally, the second should be down by  $(H/m_P)$  because it comes from higher order terms in the derivative expansion of the bulk QUEFT.
- ► The parity violating term cannot appear in any order in the derivative expansion. Odd powers of parity violating terms in the effective action can only affect the phase of the Wheeler-DeWitt wave function. The inflationary correlation functions are averages with the absolute square of the wave function.

- ▶ Three functional forms allowed by SO(1,4), one violates parity. Lowest order derivative expansion gives only one of these. Nominally, the second should be down by  $(H/m_P)$  because it comes from higher order terms in the derivative expansion of the bulk QUEFT.
- ► The parity violating term cannot appear in any order in the derivative expansion. Odd powers of parity violating terms in the effective action can only affect the phase of the Wheeler-DeWitt wave function. The inflationary correlation functions are averages with the absolute square of the wave function.
- ▶ In HST, there is no such restriction, unless we impose parity as a symmetry of the underlying model. There is no compelling reason to do so, at least at our present level of understanding.

- ▶ Three functional forms allowed by SO(1,4), one violates parity. Lowest order derivative expansion gives only one of these. Nominally, the second should be down by  $(H/m_P)$  because it comes from higher order terms in the derivative expansion of the bulk QUEFT.
- ► The parity violating term cannot appear in any order in the derivative expansion. Odd powers of parity violating terms in the effective action can only affect the phase of the Wheeler-DeWitt wave function. The inflationary correlation functions are averages with the absolute square of the wave function.
- ▶ In HST, there is no such restriction, unless we impose parity as a symmetry of the underlying model. There is no compelling reason to do so, at least at our present level of understanding.
- ▶ Unfortunately, the prospect of measuring the tensor 3-point function seems remote.

#### Conclusions

The existing data are compatible with a huge class of models, obeying only a few symmetry postulates and general rules of cosmological perturbation theory.

#### Conclusions

- The existing data are compatible with a huge class of models, obeying only a few symmetry postulates and general rules of cosmological perturbation theory.
- Differences between Slow Roll and HST models, which are of a deep conceptual nature, can be masked by the flexibility of choosing the background FRW in both frameworks.

#### Conclusions

- The existing data are compatible with a huge class of models, obeying only a few symmetry postulates and general rules of cosmological perturbation theory.
- Differences between Slow Roll and HST models, which are of a deep conceptual nature, can be masked by the flexibility of choosing the background FRW in both frameworks.
- Absence of tensor tilt, the only clear signal for HST in two point functions. Tensor 3 pt. function has crucial information, but good luck in measuring it this century :-).

► An HST cosmology is an infinite collection of quantum systems, labeled by a lattice on the initial value surface of a Big Bang universe. Nearest neighbors represent time-like trajectories, which maintain a space-like separation of one Planck unit throughout history. The rest of the geometry is determined by dynamical overlap conditions: at any time the intersection of the causal diamonds on two trajectories, will contain a maximal size causal diamond, corresponding to a Hilbert space of dimension  $e^{\frac{A}{4L_p^2}}$ . Dynamics in proper time of each trajectory must give a compatible density matrix in the overlap.

- ► An HST cosmology is an infinite collection of quantum systems, labeled by a lattice on the initial value surface of a Big Bang universe. Nearest neighbors represent time-like trajectories, which maintain a space-like separation of one Planck unit throughout history. The rest of the geometry is determined by dynamical overlap conditions: at any time the intersection of the causal diamonds on two trajectories, will contain a maximal size causal diamond, corresponding to a Hilbert space of dimension  $e^{\frac{A}{4L_p^2}}$ . Dynamics in proper time of each trajectory must give a compatible density matrix in the
  - overlap.
- ▶ There exists a complete model obeying these rules, which has a coarse grained space-time interpretation as a flat FRW model with an equation of state that is the sum of a  $p = \rho$ component and a cosmological constant. At late times, the local model has a time independent Hamiltonian, on a Hilbert space of finite dimension,  $e^{\pi(\frac{M_p}{H})^2}$ **◆□▶ ◆御▶ ◆意▶ ◆意▶ ・意・夕**久◇

► The density matrix, averaged over a few Hubble times, is maximally uncertain. Trajectories separated by more than Mp steps on the lattice, have no overlaps.

- ► The density matrix, averaged over a few Hubble times, is maximally uncertain. Trajectories separated by more than Mp/H steps on the lattice, have no overlaps.
- Model of inflation takes  $e^{3N_e}$  of these uncorrelated systems and couples them together gradually, starting with a "central observer" and moving out. The Hamiltonian is built to become the generator of SO(1,4) in the limit  $N_e$  goes to infinity. Density matrix of the whole system plausibly becomes invariant. Corrections  $e^{-N_e}$  for correlation functions of a small number of observables.

- The density matrix, averaged over a few Hubble times, is maximally uncertain. Trajectories separated by more than MP steps on the lattice, have no overlaps.
- Model of inflation takes  $e^{3N_e}$  of these uncorrelated systems and couples them together gradually, starting with a "central observer" and moving out. The Hamiltonian is built to become the generator of SO(1,4) in the limit  $N_e$  goes to infinity. Density matrix of the whole system plausibly becomes invariant. Corrections  $e^{-N_e}$  for correlation functions of a small number of observables.
- ▶ Variables localized on a "fuzzy 3 sphere". Fluctuations come from local fluctuations of individual subsystems. For small k, k-point functions scale as  $(n)^{-k}$ ,  $(n = R_I L_P)$  by the usual rules of statistical mechanics.

By the rules of HST, horizon radius at the end of inflation is  $e^{\frac{3N_e}{2}}H^{-1}$ . This must have enough entropy to account for entropy in fluctuations of CMB  $\sim \delta TT^2R^3$ . This gives about 56 e-folds for unification scale inflation, which is what is indicated by the size of fluctuations. On the other hand  $N_e \leq \frac{2}{3} \ln (RH)$  where R is our cosmological horizon. So  $56 \leq N_e \leq 88$  in HST models. Probably on low end to account for post-inflationary expansion of the horizon.

- By the rules of HST, horizon radius at the end of inflation is  $e^{\frac{3N_e}{2}}H^{-1}$ . This must have enough entropy to account for entropy in fluctuations of CMB  $\sim \delta TT^2R^3$ . This gives about 56 e-folds for unification scale inflation, which is what is indicated by the size of fluctuations. On the other hand  $N_e \leq \frac{2}{3} \ln{(RH)}$  where R is our cosmological horizon. So  $56 \leq N_e \leq 88$  in HST models. Probably on low end to account for post-inflationary expansion of the horizon.
- We don't understand particle physics in HST language well enough to build an HST model of reheating, radiation and matter dominated eras.

► HST inflation model has two parameters *n*, *N*: essentially the inflationary and the final Hubble radii, in Planck units. We chose them to fit data. How does nature choose them?

- ▶ HST inflation model has two parameters *n*, *N*: essentially the inflationary and the final Hubble radii, in Planck units. We chose them to fit data. How does nature choose them?
- There is a fully consistent HST model in which a ball of radius R, evolves from  $p=\rho$  to dS with radius  $R=NL_P$ , while the region outside it remains in the  $p=\rho$  model. Jacobsonian geometry is black hole with dS interior embedded in  $p=\rho$  FRW.

- ▶ HST inflation model has two parameters *n*, *N*: essentially the inflationary and the final Hubble radii, in Planck units. We chose them to fit data. How does nature choose them?
- There is a fully consistent HST model in which a ball of radius R, evolves from  $p=\rho$  to dS with radius  $R=NL_P$ , while the region outside it remains in the  $p=\rho$  model. Jacobsonian geometry is black hole with dS interior embedded in  $p=\rho$  FRW.
- ▶ Einstein's equations (the hydrodynamics of space-time) have solutions with many widely separated black holes, with various radii, *N<sub>i</sub>*, and relative initial velocities. Black holes may or may not collide.

- ▶ HST inflation model has two parameters *n*, *N*: essentially the inflationary and the final Hubble radii, in Planck units. We chose them to fit data. How does nature choose them?
- There is a fully consistent HST model in which a ball of radius R, evolves from  $p=\rho$  to dS with radius  $R=NL_P$ , while the region outside it remains in the  $p=\rho$  model. Jacobsonian geometry is black hole with dS interior embedded in  $p=\rho$  FRW.
- Einstein's equations (the hydrodynamics of space-time) have solutions with many widely separated black holes, with various radii, N<sub>i</sub>, and relative initial velocities. Black holes may or may not collide.
- ▶ IF our inflationary model exists, we can supply each of these black holes with its own inflationary  $1 \ll n_i \ll N_i$ . Thus, we can have environmental selection of "good" values of (n, N) for our universe.

▶ In HST N is connected to SUSY breaking via  $m_{3/2} \sim 10 N^{-\frac{1}{2}} M_P$ . Changing c.c. drastically affects both strong and weak interactions, and physics of nuclei, atoms, stars. N plausibly determined by constraint that particle physics more or less as it is.

- ▶ In HST N is connected to SUSY breaking via  $m_{3/2} \sim 10 N^{-\frac{1}{2}} M_P$ . Changing c.c. drastically affects both strong and weak interactions, and physics of nuclei, atoms, stars. N plausibly determined by constraint that particle physics more or less as it is.
- ▶ Given this, Weinberg's bound becomes relatively strong constraint on n:  $n < C(\frac{\rho_0}{\Lambda})^{1/3}$ , where  $\rho_0$  is the dark matter density at the beginning of matter domination, and is plausibly fixed once N is fixed. Given the observed values, and the a priori constraint  $n \gg 1$ , this is pretty close to the observed value.

- ▶ In HST N is connected to SUSY breaking via  $m_{3/2} \sim 10 N^{-\frac{1}{2}} M_P$ . Changing c.c. drastically affects both strong and weak interactions, and physics of nuclei, atoms, stars. N plausibly determined by constraint that particle physics more or less as it is.
- ▶ Given this, Weinberg's bound becomes relatively strong constraint on n:  $n < C(\frac{\rho_0}{\Lambda})^{1/3}$ , where  $\rho_0$  is the dark matter density at the beginning of matter domination, and is plausibly fixed once N is fixed. Given the observed values, and the *a priori* constraint  $n \gg 1$ , this is pretty close to the observed value.
- By a not particularly tuned choice of initial distribution of positions and velocities of black holes in the meta-model, we can arrange that our own little universe lives as long as we observe it to but a much shorter time than a Boltzmann brain recurrence time, before colliding with another island universe. The collision leads to drastic thermalization, followed by a much lower value of the c.c., for which no brains can survive.